



Pregnancy and Postpartum Program

Receive one-on-one support from a Progyny Care Advocate (PCA) and access to exclusive resources.

Through Progyny's Pregnancy & Postpartum program, you'll get:

- Unlimited personalized coaching from a labor and delivery nurse from conception through 12 months postpartum
- Access to lactation consultants and baby feeding experts
- Two prenatal and two postpartum virtual doula visits
- Assistance with navigating your leave benefits, accessing employer resources, and ensuring a smooth transition to and from leave
- Curated digital resources to guide you through each stage

Call Progyny to get started at: 833.404.2011

Visit progyny.com/benefits

