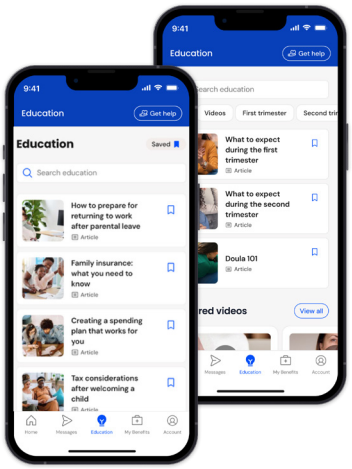
progyny



Support for Growing Families

Navigate your benefits | Understand your parental leave
Get support through pregnancy and postpartum



Provided by: Sony

Welcoming a child comes with a lot to plan—from understanding your leave and pay options to preparing for birth, navigating postpartum, and returning to work. **Progyny is here to make the process easier for new and expectant parents. Available at no cost to you!**

Progyny can help you:

- Understand your leave policies and benefits
- Get unlimited 1:1 support from a benefits expert
- Access resources to help estimate and plan your leave and pay options
- Connect with registered nurses for clinical support throughout pregnancy and up to 12 months postpartum
- Create a transition plan to and from leave
- Review relevant employer resources all in one place

Get a pregnancy care package*



Who is eligible?

Progyny's Pregnancy and Postpartum program with Leave and Benefit Navigation is available to individuals and/or their covered spouse/domestic partner on an eligible medical plan. There is no cost to you to access Progyny's personalized support.

Give us a call at 833.404.2011 to get started

Our PCAs are available Monday–Friday from 9:00 am–9:00 pm ET to answer all of your questions.

*Pregnancy care package available to members participating in the Pregnancy and Postpartum program

Screen image is an example and subject to change